



### Sample Approach for Determining Access to Resources

*I strongly recommend having a resource list for your county that you are able to readily provide to the participant (ptp)/caregiver.*

Does the ptp live alone or is currently staying at home alone?

**Yes**

Ask: Do you currently have enough food, medications, water and hygiene supplies?

**No**

Identify if the ptp has any social supports available such as family or friends. Confirm and document permission from the ptp to contact these supports.

Determine which products the ptp is lacking. Collaborate with PD/Administrator to determine availability and/or delivery/pick-up options in collaboration with any social supports identified by ptp.

**Yes**

Identify if the ptp has any social supports available such as family or friends. Confirm and document permission from the ptp to contact these supports.

*Based on ADL/IADL levels of independence and clinical judgment*

-Exploration of caregiver options (i.e. family members, IHSS, emergency community- based services for the elderly/at-risk per county/state)

-Education and/or assistance for ptp/supports regarding available resources such as but not limited to:

- Offer list of resources via e-mail/ telephone.

-Assist to set-up Meals on Wheels

- Food Bank education

-High Risk Persons designated shopping hours

-Medicaid Food Programs (Cal-fresh etc.)

*Document services provided in ptp's EMR\*.*

\*EMR- Electronic Medical Record

**No**

Ask: Is there someone home with you at all times?

**Yes**

Ask: Does your household currently have enough food, medications, water and hygiene supplies?

**Yes**

Offer list of resources via e-mail/ telephone for anticipated shortage.

*Document services provided in ptp's EMR\*.*

**No**

Determine which products the ptp is lacking. Collaborate with PD/Administrator to determine availability and/or delivery/pick-up options.

Education and/or assistance for ptp and/or caregiver regarding available resources such as but not limited to:

-Meals on Wheels

- Food Bank

-High Risk Persons

designated shopping hours

-Medicaid Food Programs

(Cal-fresh etc.)

*Document services provided in ptp's EMR\*.*

**No**

*Based on ADL/IADL levels of independence and clinical judgment, staff to determine if ptp needs any of the following:*

-Exploration of alternate caregiver options (i.e. alternate family members, increase in IHSS hours, emergency community- based services for the elderly/at-risk per county/state)

- Offer list of resources via e-mail/ telephone.

-Education and/or assistance for ptp and/or caregiver regarding available resources such as but not limited to:

-Meals on Wheels

- Food Bank

-High Risk Persons designated shopping hours

-Medicaid Food Programs (Cal-fresh etc.)

*Document services provided in ptp's EMR\*.*