## California Association for Adult Day Services

## Temporary Alternative Services - Possible Tasks to Support Participants & Caregivers During the COVID-19 Emergency

- 1. Not less than weekly, conduct COVID-19 wellness checks and risk assessments for COVID-19, with greater frequency of contact as needed.
- 2. In addition, and in total frequencies not less than the number of authorized days of attendance, the center may provide other services and tasks, related to the center's response to identified participant needs and evaluation of outcomes. Some examples of these types of tasks are listed below.

## POSSIBLE TASKS (not an inclusive list):

- 1. Coordinate with participants' network of providers based on identified and assessed needs
- 2. Communicate with physician and assist with accessing medical care
- 3. Review and follow up with vital signs and signs and symptoms related to chronic conditions
- 4. Identify and address participants' and caregivers' needs related to known health status and conditions, as well as emerging needs that the participant or caregiver is reporting
- 5. Arrange or deliver supplies based on assessed need, including, but not limited to, food items, hygiene products, and medical supplies
- 6. Provide targeted interventions that can performed safely in the home
- 7. Coordinate with IHSS and IHSS providers
- 8. Provide health education related to chronic conditions and COVID
- 9. Deliver or arrange for a meal
- 10. Provide dietary counseling and order special diets
- 11. Evaluate for home safety and housing insecurity
- 12. Evaluate home situation and make report to Adult Protective Services when necessary
- 13. Address fall risk and respond to falls
- 14. Contact law enforcement or other first responders for emergency response
- 15. Communicate with family and other caregivers and offer caregiver support and/or education.
- 16. Provide personal protective equipment, ie, masks or glove
- 17. Evaluate need and coordinate response for Durable Medical Equipment
- 18. Offer therapeutic recreational activity
- 19. Provide access to exercise
- 20. Provide guided occupational therapy and physical therapy maintenance program
- 21. Coach and/or cue such needs as medication reminders, proper medication administration (including injections); personal care; movement; dressing; bathing; grooming; eating; sleeping
- 22. Counseling and support
- 23. Mental health interventions and therapies
- 24. Stay engaged and offer reassurance
- 25. Assist with communication devices
- 26. Provide assistance with accessing benefits and eligibility, e.g, CalFresh
- 27. Assist with review of mail correspondence/bills